

SPA MENU

SERVICES

Our services include using our SPA WELLNESS pass: private locker, comfortable robe & sandals to use in the spa, towels, relaxation room, spa outdoor retreat (jacuzzi and relaxation space), and hotel pool and jacuzzi (based on availability). **Limited hours usage so please check with our spa coordinator.*

MASSAGE

The Wellness 50min/*80min - \$145/\$199 | (PL: Light to Deep) Creating the perfect massage for your body needs. This service encompasses all the techniques our therapists are trained on to create the custom service.

Muscle Work 50min/*80min - \$135/189 | (PL: Medium to Deep) Deep tissue work for tired and tensed muscles.

Meditative 50min/*80min-\$125/179 | (PL: Light to Light Medium) The classic Swedish massage to help you relax the mind and the psyche.

Focused 25 min - \$85 | (PL: Medium) Combining light to firm pressure, we will only work on the areas most needed.

Couples 50 min - \$280 per couple | (PL: Light to Deep) Make it a therapeutic session for two. Enjoy the massage side by side in the same room. Tell your therapist where you would like to focus today, and your therapist will do the rest to customize the massage.

Couples Retreat 80 min - \$350 per couple | This retreat service includes 50 min of our custom couples massage and 30 min session in our Detox Room (before or after the service depending on availability). While enjoying the detox room (description below), both guests will receive beverages and facial masks.

**80 min massage services may be available on weekdays only*

**PL = Pressure Level*

FACE

Our Aestheticians will customize the treatment for your skin needs. Choose your time options, and our provider will do the rest.

50 min Custom – Balance \$135 – This facial is recommended to all guests. Creating the perfect refreshing facial that re-balances the skin.

50 min Custom - Target \$155 & up – This facial is recommended to guests that have specific skin condition(s) to address. By utilizing result-driven ingredients and tools, we will cater the service to your needs.

75 min Custom -Advanced \$200 & up – This facial is recommended to most returning guests ready for an advanced treatment that may include a variety of facial machines and products for deeper epidermis exfoliation and collagen stimulation.

Cancellation Policy: If reservation is canceled within the 24 hours from your appointment time, there will be a 50% charge. *Prices are subject to change anytime based on business discretion.*

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RETREAT

non-service menu

Spa Wellness PASS

Price \$40 (USE OF SPA FACILITY ONLY) -2hours usage upon arrival.

Take a break and enjoy a moment to yourself in our spa environment.

The pass includes access to the following areas: Locker room with amenities (robes/sandals/spa essentials), relaxation room, spa outdoor retreat (jacuzzi, 3-person infrared sauna, and relaxation space).

-To create a serene, quiet, and relaxing environment, we allow a limited number of guests in our facility. Walk-ins may not be available, so we strongly encourage making reservations.

-Online booking available for this pass for weekdays. Due to limited availability, weekend Wellness Pass reservations are only made through phone or emailing us directly.

Detox Room SESSION

Infrared Sauna Therapy

*Take a moment to detox, increase circulation, and meditate in the comfort of your space. **This session does not include the rest of the spa facility.*** We've created a space that is comfortable where you can de-stress and melt the tension away with our private infrared dry sauna surrounded by Himalayan Salt rocks. Our sauna uses infrared light to heat your body from within.

Please note: *We have two infrared sauna areas in our spa, one is for all guests use that is part of the Spa Wellness Pass, and this is a private space just for you during the reserved session time.*

Price (when reserving only Detox Space)

\$40/pp – 30 min session (20 min session, 10 min meditate)

\$65/pp – 50 min session (30 min session, 20 min meditate)

About Infrared Sauna

A traditional dry sauna uses heat to warm the air at a higher temperature which in turn warms your body superficially. An infrared sauna uses invisible light to deeply penetrate heat in the body which gives you benefits in various ways.

DETOXIFICATION: Promotes sweating, helping your body eliminate toxins.

MUSCLE PAIN RELIEF: Help release tension in the muscle.

INCREASE CIRCULATION: Dilate blood vessels allowing oxygen to enter the cells.

IMPROVE IMMUNITY: Helps increase white blood cells and lymphocytes.

RELAXATION: Helps the body maintain healthy cortisol levels to relax & de-stress.

Mini Retreat PACKAGE

Price \$70/pp *Spa Wellness Pass + 30 min Infrared Sauna Therapy Session*

Experience the best of both worlds. Enjoy our full spa facility and a private session of our infrared sauna in our Detox space. (Please see our description above for our pass and session information)

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ENHANCEMENTS (ADD ONS)

These prices are only available with a service(s) received.

\$10 – Bio freeze: Alleviate specific tense areas through cold therapy

\$20 – CBD: Experience the massage with CBD infused products (CBD massage lotion & pain cream).

****Infrared Sauna Therapy Session Add on before or after service (depending on availability)***

\$30/pp – 30 min Infrared Sauna Therapy Session (20 min session, 10 min meditate)

\$55/pp – 50 min Infrared Sauna Therapy Session (30 min session, 20 min meditate)

**Please see description of our Infrared Sauna therapy Session on our next page.*

Cancellation Policy: If reservation is canceled within the 24 hours from your appointment time, there will be a 50% charge. *Prices are subject to change anytime based on business discretion.*